

The Grey Area

Eastern NC Edition – 919.637.6973

Distributed in Edgecombe, Franklin, Johnston,
Nash, Wake, Wilson & beyond

Local and National Unusual News

Online: www.greyareanews.com

Knightdale Citizens Police Academy Begins

**Free Class Meets Monday Nights
- Apply by February 17**

Released by Town of Knightdale

The Knightdale Police Department is continuing a program designed to give its citizens and area business owners a chance to develop a better understanding of the services provided by the agency. Our Citizens Police Academy is a collaborative effort between local residents, business owners and police officers that will help identify problems, generate community-oriented solutions, and build the kind of trust critical to creating a safe and pleasant community.

Classes for this free eight-week academy will be held every Monday evening from 6pm until 8:30pm in the Training Room of the Public Safety Building, located at 979 Steeple Square Ct in Knightdale NC. Classes will begin February 29, 2016, and meet

every Monday until April 25, 2016, with the exception of the Spring Break week.

Applicants must be 18 years of age or older. High school students under the age of 18 may attend if the appropriate parental waivers are provided. Preference will be given to residents of Knightdale, local business owners and civic group members, but all Eastern Wake community members are encouraged to apply. Participants must have no criminal history of felonies or serious misdemeanors.

Due to space restrictions, class size is limited to 20 eligible participants on a first-come, first-served basis. Applications may be picked up in person at the Knightdale Police Department, or can be downloaded online at www.knightdalenc.gov. Applications must be submitted to the police department by February 17, 2016.

If you have any questions about the academy please contact Captain Jacqui Boykin by email jacqui.boykin@knightdalenc.gov or call 919.217.2263.

Bunn Fun Day Seeking Sponsors

**Second Annual Event Offers
Local Businesses Sponsorship
Opportunities**

By Kay Whatley and Sherry Mercer

The Town of Bunn is bringing back their Bunn Fun Day for a second time. The family-friendly event offers residents and visitors a chance to listen to music, dance, enjoy tasty foods, and shop local vendors outdoors in the spring air.

Bunn Fun Day 2016 is set for April 23, 2016, from 10am to 4pm. In preparation, local businesses and previous-year sponsors have been

invited to support the event. In return for event sponsorship, Bunn signs and banners during the event list sponsor names.

During January, the Call For Vendors will begin. Local crafters, food makers, wood workers, business owners, and nonprofits may sign up to sell their wares or share information during the Fun Day. Stop by the Bunn Town Hall to pick up a form and reserve a booth.

Entertainment this year includes Bluegrass, performed by the Franklin County band, Steady Drive, which recently released a music CD. More entertainers are planned, with sponsorships needed to make them all possible.

Bunn is known in Franklin County and the surrounding areas for their parades and family-oriented events. During the Bunn Centennial Year, 2013-14, each month a special event brought people out of their homes and from neighboring counties to participate.

To learn more about the planned festivities for April 23, email Sherry Mercer or visit the Town of Bunn on Facebook. Sponsorship slots and vendor booth spaces are limited, so early registration is recommended.

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Things to Do in NC When You're Bored

01/23 Live Music Saturday (Jan 23 @ 7pm)

Live music with Monte Tippet. At Westridge Grill, 3629 Sunset Ave, **Rocky Mount**.

01/26 Red Cross Blood Drive (Jan 26 @ 12:30-4:30pm)

Blood Drive sponsored by Edgecombe Cty. At 201 St Andrew Street, **Tarboro**.

01/27 Healthy Eating Trends: There's A Book For That (Jan 27 @ 11am-12pm)

Vegan, Paleo, Gluten-Free — oh my! Drop in during the hour to browse a selection of the latest & greatest books, selected by librarians, about all of the new food trends. At East Regional Library, 946 Steeple Square Court, **Knightdale**.

01/28 Brainstormer Trivia at The Underground Pub (Jan 28 @ 7:30-10pm)

Thursday nights, Brainstormer Trivia! Not too hard, not too easy — just right! Team registration begins at 7:30pm and the game kicks off at 8pm. Ad hoc teams are often formed for the evening to compete against local powerhouses. At The Underground Pub, 101 E Church Street, **Tarboro**.

01/29 Live Music Fridays (Jan 29 @ 7:30-10:30pm)

Live music Fridays. Jan 29 is music with Mark & John Bunn. At Showside Grill & Bakery, 102 N Pine Street, **Spring Hope**.

01/30 Movie Night (Jan 30 @ 7pm)

Looking for something to do on a cold winter night? Movie Night! Come watch *Inside Out*! There is no charge for this event. At the Wendell Community Center, 601 W Third Street, **Wendell**.

01/31 Snakes Alive (January 31 @ 2pm)

Meet at the park's visitor center to get an up close and personal look at some of our native snakes. There will be live snakes on display. For more info, call 252,923,2191. Starting at the Visitor Center, Goose Creek State Park, 2190 Camp Leach Road, **Washington NC**.

02/02 American Red Cross Blood Drive (February 2 @ 3-7pm)

Hot soups & chilis are served for donors, guest & volunteers. Make an appointment by email kpalmeyro12@gmail.com, phone 252.452.2205, or website www.redcrossblood.org/give/drive/driveSearch.jsp. At Stony Hill Original Free Will Baptist Church, 9649 Stoney Hill Church Road, **Middlesex**.

02/03 Southern Farm Show -05 (February 3-5)

Over 400 exhibiting companies. Largest agricultural exposition in the Carolinas. The show hosts key industry events, & is known as the region's annual meeting place for farmers & agricultural leaders. Free admission & parking make the show a can't-miss. At NC State Fairgrounds, 1025 Blue Ridge Road, **Raleigh**.

02/05 First Friday Coffee (February 5 @ 7:30am)

The Nashville Chamber of Commerce holds this public gathering monthly on the first Friday. At the Nashville Exchange, 229 W Washington Street, **Nashville**.

02/06 Frozen Children's Program (Feb 6 @ 10am-12pm)

Come dressed up in your favorite *cold* attire or your *Frozen* best. Live music with Cassie Marie Dunn, Tarboro TNR with a book reading, Girl Scouts, Edgecombe County Cultural Arts Council providing crafts and *cold* snacks, ice cream, popsicles, sherbert, & more. Door Prizes too. At the Edgecombe County Memorial Library, 909 N Main Street, **Tarboro**.

02/06 Mommy & Me Art Session (Feb 6 @ 12-1pm)

Art, fun & light refreshments will be served. Call to sign up: 252.631.0033. At 1502 W Nash Street, Suite E, **Wilson**.

02/22 Senior Group Movie (Feb 22 @ 10:15am)

Movie *Black and White*, refreshments served. For senior adults age 60 & older who live in the southern parts of Nash County. For more info, please contact Holly Edwards at 252.459.7681. At Mount Pleasant Community Building, 7637 Harris Road, **Bailey**.

The "Things To Do in NC When You're Bored" listings are free, at publisher's discretion, and as space allows. Up to five lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising space to provide more details for events.

The Strange-ness

Unexploded Ordnance Found

Fishing in the New River may be off-limits for awhile, following the discover of unexploded military ordnance found in the river.

A meeting to discuss the issue with the public is scheduled for January 27, 2016, at 5pm. The Marine Corps is hosting the meeting at Sneads Ferry Community Center, 126 Park Lane, in Sneads Ferry NC.

More online at k2rangeproject.com.

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Are We Humans Rational? Are We Logical?

Contributed by Nicholas
Pediaditakis, MD, DLFAPA

We humans can certainly be both rational and logical, if we are careful and train ourselves to correct thinking — backed by facts.

Alas, strange as may sound, most of the time we are not rational. It is easier to be logical; and most of the time we are.

Let me explain. Often the decisions made for action as a group, leadership, or as individuals, while most of the time perfectly logical as to the practical steps needed to accomplish them, are often not rational.

If we define rational as the correct assessment of a situation and what response is needed to the posed challenge by it, in that area as humans we have trouble doing that. Big trouble. Here is why: humans are guided by promptings from inside originating from our traits embedded in our brain, often ignoring facts and realities. There are plenty of examples: Horrible as it is for our victims by a few terrorists, there were only 30 of our people killed by them in the last 10 years. During the same time, 400,000 of our people died in car accidents and another 400,000 died of gun violence; yet, many of us are feeling as if terrorists are overrunning our country!

Dr. Nicholas' Corner

In political years candidates of all parties, know that; so, they talk in emotional tribal code, such as: “They are coming!” “Our country is going down!” And we fall for it and get agitated irrationally, while we are overlooking that the candidates do not back their slogans with facts.

We also as humans make mistakes due to the bias of our human nature, often ignoring, time after time, the possible future bad outcomes for decisions and irrational actions taken. There exists an unwillingness in us also to contemplate worst case scenario outcomes.

We are by our nature short in foresight. Worse we often persist in the action even though it becomes obvious as to the harm being done in continuing it. Leadership, organized groups, and ourselves as individuals, act frequently against our self interest. The most tragic example: the Vietnam war. It lasted 20 years while we knew that there was not any satisfactory outcome.

On an individual basis; we all know that eating greasy food is bad for us. We irrationality ignore this fact and over-eat greasy food any way!

Note that Barbara Tuchman, a great scholar call it “Wood-headedness” in her notable book, *The March Of Folly*, while the ancient Greeks have known the phenomenon and had a

name for it: Akrasia — acting against ones’ interest.

We have to learn to protect ourselves from irrationality by asking for facts, facts, facts, and then learning to think for ourselves, coolly setting aside tribal emotionality.

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Pediaditakis, MD

The NASH Senior Movie Afternoons

Come to The NASH on the fourth Friday of each month at 2pm, take a seat in room 112, and enjoy popcorn and a movie. There is no cost to view the movie and popcorn is just 25 cents per bag!

On January 22, 2016, the movie is *War Room* (2015). The movie is about Tony and Elizabeth Jordan, a middle-class couple who seemingly have it all. In reality, their marriage has become a war zone and their daughter is collateral damage. With the help of Miss Clara, an older, wiser woman, Elizabeth discovers she can start

fighting for her family instead of against them. Through a newly energized faith, Elizabeth and Tony’s real enemy doesn’t have a prayer. (PG)

On February 26, the film is *Hachi: A Dog’s Tale* (2009). This movie is based on a true story from Japan. College professor, Parker Wilson (Richard Gere) finds a young Akita puppy that’s been abandoned at the local train station, and he’s instantly captivated by the dog. (G)

March 18 the movie is *Woman in Gold* (2015). The plot of this movie follows Maria Altman, who sought to regain a world famous painting of her aunt plundered by the Nazis during World War II. (PG-13)

All movies are held at The NASH, 103 N Alston Street, in Nashville NC. If you have questions, call 252.459.7681.



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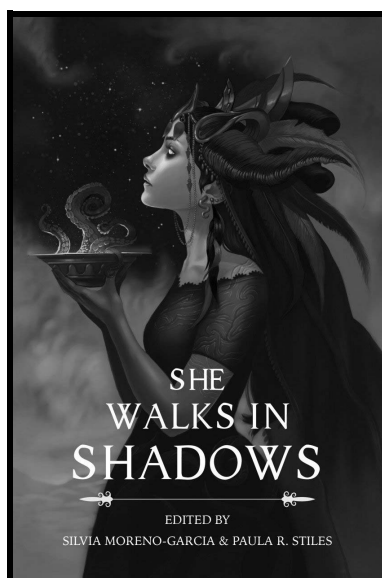
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Little Bits

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K V E L J H H R H C I F N S
A Y E E F H I T R D Q Q S F
C D Z V Y F C M M I C E I D
I Y E O T D Q O N R V M A G
J I K H M U G S W E A T E R
V R Q S V N P I W D Y W A H
O R Z U I C Z I M H W L D P
L H Y T D B N Z O R S P I P
M X L Y K T G F F H R V Z H
C E R M E G D X U M H G Q J
M S G R K H L Q K X X M J P

CHIMNEY	FIRE	FREEZE
ICE	JACKET	MELTING
SHOVELING	SNOW	SWEATER
WARMTH	WINTER	

Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote or message within the puzzle.

Hint: W = E.

F U U X Y F X N E C Z U L
L Z W E V Z X C U N X X W I ,
V Z X F U U X Y Z E W K Y Z
K F V L W I F I W U Z E X ;
X Y W Z U L X Y F X N E
E X I Z V C L Z W E V Z X
K N X Y W I , L W W B
I Z Z X E F I W V Z X
I W F A Y W L D M X Y W
Q I Z E X
H I I X Z U G N W V

Answer to the previous issue's cryptogram:
The best thing to hold onto in life is each other.
--Audrey Hepburn

Cryptogram Note:

The second hint for this puzzle is F = A.

Chuckle of the Issue

A young girl observed that her mother had strands of gray in her hair and wondered about it. So, as kids do, she asked her mother about it.

"Mommy, how come you have some white hairs in there with the black ones?"

Her mother thought about this, then smiled and said, "Sweetie, whenever you do something you know you shouldn't do and it makes me sad, one of my hairs turns white."

The little girl thought about this, then asked, "Mommy, why are all of Grandma's hairs white?"

Word of the Issue

"aberration"

Definition: Something that is different than normal or not what usually happens.

Example: "When Eastern NC receives more than just a little snow, it is an *aberration*."

Quote of the Issue

Arnold H. Glasow
(American Author; b.1905, d.1998)

"Nothing splendid was ever created in cold blood. Heat is required to forge anything. Every great accomplishment is the story of a flaming heart."

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